

fact sheet 4

Self-Directed Support

What if disagree with the resource allocation?

When you've done your self-assessment form and the local authority has given you an 'indicative' budget (an amount that may still change), you make a support plan.

This fact sheet tells you what you can do if you don't think you agree with the amount in your resource allocation.





To get more help contact In Control. Tel: 01564 821 650 Email In Control help@in-control.org.uk

Find more fact sheets at: www.in-control.org.uk/ factsheets



The voice of terming disability In control and me, a lottery funded project.

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The basic facts

Local authorities use a **Resource Allocation System** to decide how much money you can have in a Personal Budget.

Your authority will tell you what the 'indicative amount' is. This is based on your assessment form. 'Indicative amount' means an indication of the money you may get, but it may change.

You can use this indicative amount to help you make your support plan.

When you've done your support plan, you may find you don't agree with your Resource Allocation. You should speak to your care manager or social worker and show them your support plan.

You should be able to work things out with them, negotiate and perhaps make a compromise.

More information about what to do if you don't agree with the Resource Allocation

Local authorities use a Resource Allocation System as a straightforward way of telling people how much is fair and reasonable as their Personal Budget.

The Resource Allocation System should be:

- Reasonable A Personal Budget should be enough for the person to meet the needs that they identify in their support plan.
- Transparent The Resource Allocation System rules should be clear and easy to understand.
- Sustainable A local authority has to provide money to everyone who needs support. They must set the amounts at a level that will not break the bank.

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The Resource Allocation is an indicative amount of money. The local authority believes a person with 'these' needs requires 'this' amount of money for their support. This may be more or less than someone actually needs.

Make a support plan

The best way to find out if your Resource Allocation is fair and reasonable is to make a support plan. The support plan should explain how you or the person you are helping is going to keep healthy, safe and well. The plan shows how the Personal Budget will be spent and if there is a gap between the indicative amount and what you actually need.

Talk to someone

If you don't agree that your Resource Allocation is fair and reasonable you should speak to your social worker or care manager. Talk them through your support plan and show why you think you need a different amount. There is room to negotiate and amend things. It may be good to us the help of an advocate

If you can't work out things with the care manager, you could talk to someone else – perhaps a Team Manager.

You can call or email In Control We will try to help.

Telephone: 01564 821 650

Email: help@in-control.org.uk

You can complain

If you still cannot agree about the amount, you can use the local authority's complaints procedures. Ask your social worker or care manager for a complaints form. Or ask for a form at your local social work office or any council office.

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There is a lot of information about Self-Directed Support on In Control's website: www.in-control.org.uk

Free to download from www.in-control.org.uk/entitlementslibrary

Example self-assessment questionnaires – look for:

0091_Self_AssessQuestion_1.doc 0092_SAQ_1_Scoresheet.doc 0093_Self_Assess_Quest_2.doc 0094_SAQ_2_Scoresheet.doc

Free to download or you can buy a copy from:

In Control Support Centre, Carillon House, Chapel Lane, Wythall, B47 6JX or www.in-control.org.uk/shop:

How to be in control DVD www.in-control.org.uk/dvd

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mencap This fact sheet was

The voice of learning disability and Mencap as part of

In control and me, a lottery funded project.

www.in-control.org.uk/incontrolandme

About the in Control and me project

A three-year project to produce accessible information for everyone who wants to direct their own support.

The project has worked with individuals and families to decide what information should be produced. This information will reach over 11,000 people a year through the national learning disability helpline. The In Control website will also have an online advice area.

More information: Lisa Dunne: 07984 111315.

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